




FORMATION INSTRUCTION SHEET (Start from the top, except for the lower-case 'd' and 'e')


 Around, up, down, around.

 Down, lift, down, lift, cross.

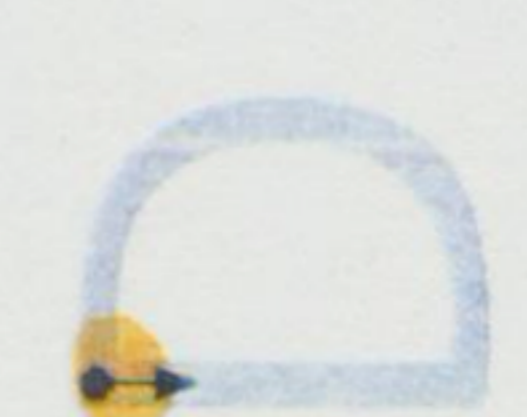
 Down, up, around.


 Down, lift, around, around.


 Around.

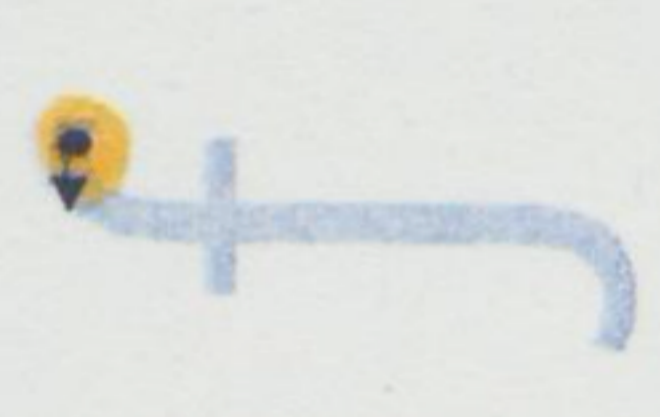
 Around.


 Around, up, down, around.


 Down, lift, around.


 Around, around.


 Down, lift, cross, lift, cross.

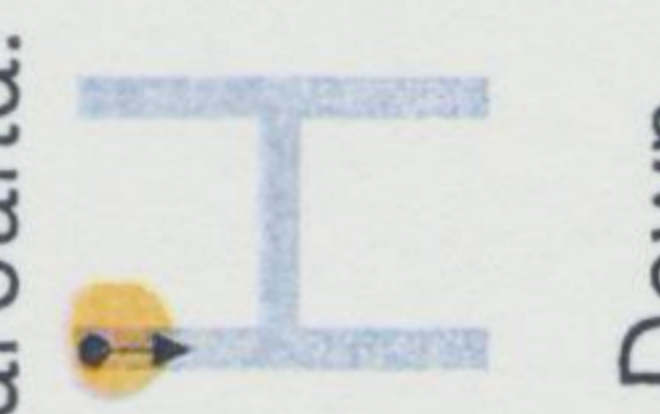
 Around, down, around, lift, cross.


 Down, lift, cross, lift, cross.

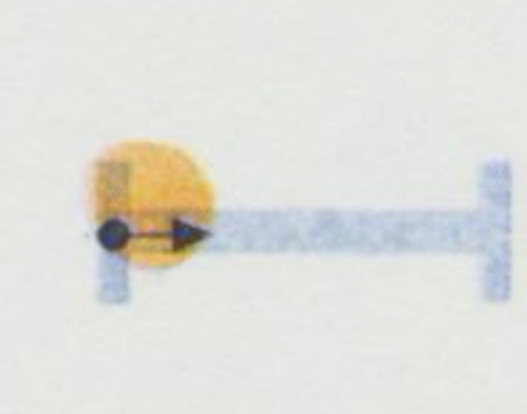
 Around, up, down, around.

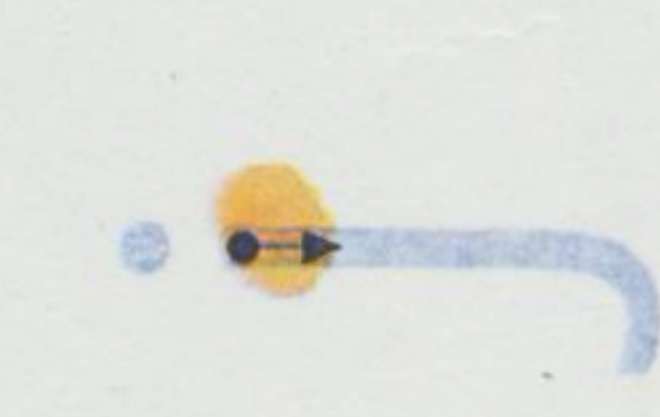
 Around, up, lift, cross.


 Down, up, around, down, around.


 Down, lift, down, lift, cross.

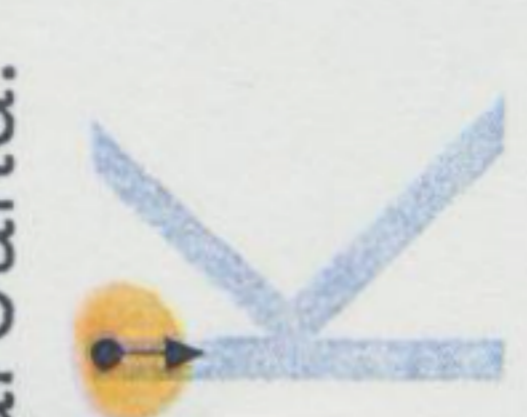
 Down, around, lift, dot.

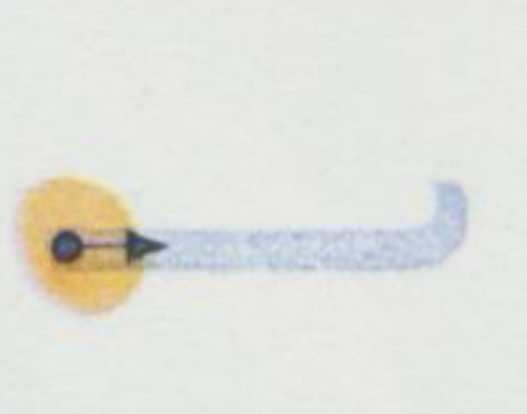
 Down, lift, cross, lift, cross.

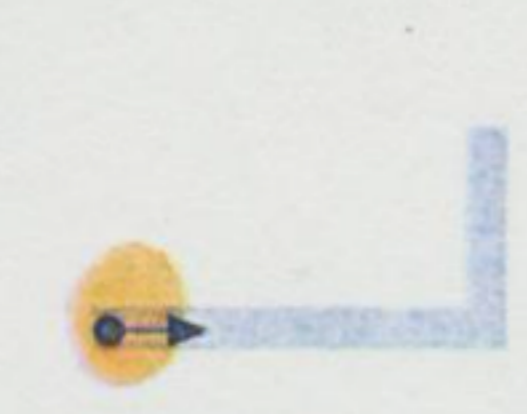
 Down, around, lift, dot.

 Down, around, lift, cross.

 Down, up, around, down, around.


 Down, lift, down, down.

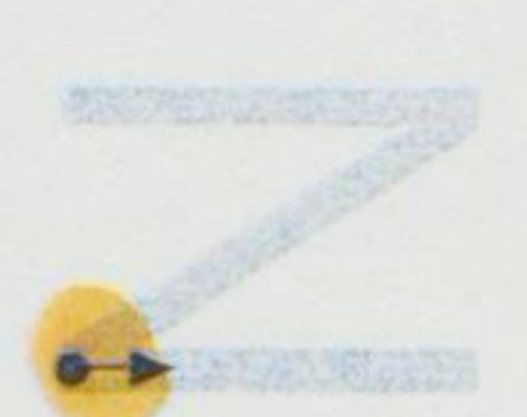
 Down, around.

 Down, cross.

 Down, up, around, down, up, around, down, around.


 Down, lift, down, up, down.


 Down, up, around, down, around.


 Down, lift, down, up.


 Around.

 Around.


 Down, up, around.

 Down, lift, around.


 Around, up, down, up.

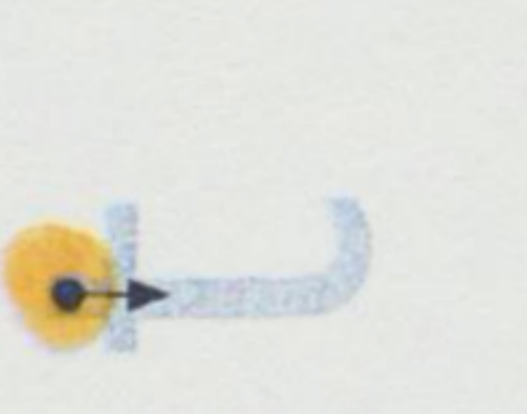
 Around, lift, cross.

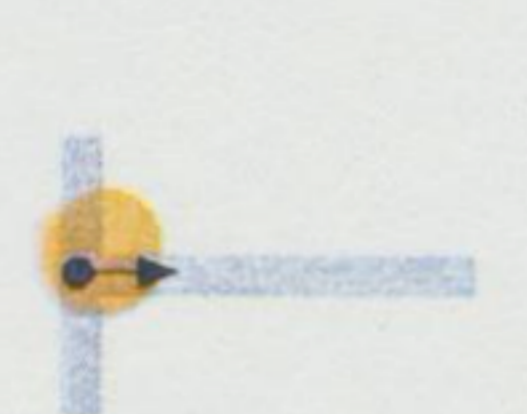
 Down, up, around.


 Down, lift, around, down.


 Around, around.


 Around, around.


 Down, around, lift, cross.


 Down, lift, cross.


 Down, around, up, down, around.


 Down, around, up.


 Down, up.

 Down, up.

 Down, up, down, up.


 Down, up, down, up.


 Down, lift, down.

 Down, lift, down.

 Down, around, up, down, around.

 Down, lift, down, down.

 Cross, down, cross.

 Cross, down, cross.